

Table T7B.5.3: Estimated Number of US Residents with Osteoporosis and Low Bone Mass in 2010 by Race/Ethnicity and State

State	Population (in 100,000s)								
	Non-Hispanic White			Non-Hispanic Black			Mexican American		
	With Condition		Low Bone	With Condition		Low Bone	With Condition		Low Bone
Total	Osteoporosis	Mass	Total	Osteoporosis	Mass	Total	Osteoporosis	Mass	
Alabama	12.06	1.23	5.42	3.38	0.17	1.00	0.09	0.01	0.04
Alaska	1.47	0.15	0.66	0.05	-	0.01	0.03	-	0.01
Arizona	15.57	1.59	6.99	0.54	0.03	0.16	2.54	0.34	1.10
Arkansas	8.20	0.84	3.68	1.12	0.06	0.33	0.12	0.02	0.05
California	61.68	6.29	27.69	6.25	0.31	1.86	17.90	2.40	7.73
Colorado	12.49	1.27	5.61	0.46	0.02	0.14	1.09	0.15	0.47
Connecticut	10.36	1.06	4.65	0.85	0.04	0.25	0.04	0.01	0.02
Delaware	2.40	0.24	1.08	0.48	0.02	0.14	0.02	-	0.01
District of Columbia	0.51	0.05	0.23	1.03	0.05	0.31	0.01	-	-
Florida	49.97	5.10	22.44	6.96	0.34	2.07	0.63	0.08	0.27
Georgia	19.11	1.95	8.58	6.83	0.33	2.03	0.34	0.05	0.15
Hawaii	1.29	0.13	0.58	0.03	-	0.01	0.04	0.01	0.02
Idaho	4.45	0.45	2.00	0.01	-	-	0.16	0.02	0.07
Illinois	30.49	3.11	13.69	4.97	0.24	1.48	2.05	0.27	0.88
Indiana	18.60	1.90	8.35	1.42	0.07	0.42	0.32	0.04	0.14
Iowa	10.04	1.02	4.51	0.15	0.01	0.04	0.12	0.02	0.05
Kansas	8.10	0.83	3.64	0.39	0.02	0.12	0.29	0.04	0.12
Kentucky	13.17	1.34	5.91	0.85	0.04	0.25	0.06	0.01	0.03
Louisiana	9.82	1.00	4.41	3.71	0.18	1.10	0.10	0.01	0.04
Maine	5.01	0.51	2.25	0.02	-	0.01	0.01	-	-
Maryland	12.20	1.24	5.48	4.55	0.22	1.35	0.08	0.01	0.03
Massachusetts	19.10	1.95	8.58	0.96	0.05	0.28	0.04	0.01	0.02
Michigan	28.46	2.90	12.78	3.78	0.19	1.12	0.43	0.06	0.19
Minnesota	15.95	1.63	7.16	0.42	0.02	0.12	0.15	0.02	0.07
Mississippi	6.40	0.65	2.87	2.73	0.13	0.81	0.05	0.01	0.02
Missouri	17.58	1.79	7.89	1.75	0.09	0.52	0.17	0.02	0.08
Montana	3.41	0.35	1.53	0.01	-	-	0.03	-	0.01
Nebraska	5.44	0.55	2.44	0.17	0.01	0.05	0.13	0.02	0.06
Nevada	5.89	0.60	2.65	0.53	0.03	0.16	0.64	0.09	0.28
New Hampshire	4.52	0.46	2.03	0.02	-	0.01	0.01	-	-
New Jersey	20.99	2.14	9.42	3.08	0.15	0.91	0.15	0.02	0.06
New Mexico	3.84	0.39	1.73	0.10	0.01	0.03	1.26	0.17	0.54
New York	43.68	4.46	19.61	7.93	0.39	2.36	0.33	0.04	0.14
North Carolina	23.28	2.37	10.45	5.56	0.27	1.65	0.29	0.04	0.12
North Dakota	2.19	0.22	0.98	0.01	-	-	0.01	-	-
Ohio	34.56	3.53	15.52	3.80	0.19	1.13	0.20	0.03	0.09
Oklahoma	9.85	1.00	4.42	0.67	0.03	0.20	0.27	0.04	0.12
Oregon	11.88	1.21	5.34	0.15	0.01	0.05	0.35	0.05	0.15
Pennsylvania	40.00	4.08	17.96	3.57	0.17	1.06	0.13	0.02	0.05
Rhode Island	3.21	0.33	1.44	0.11	0.01	0.03	0.01	-	-
South Carolina	11.31	1.15	5.08	3.59	0.18	1.07	0.09	0.01	0.04
South Dakota	2.56	0.26	1.15	0.01	-	-	0.01	-	0.01
Tennessee	17.68	1.80	7.94	2.63	0.13	0.78	0.13	0.02	0.06
Texas	42.53	4.34	19.10	6.96	0.34	2.07	13.77	1.85	5.95
Utah	5.74	0.59	2.58	0.04	-	0.01	0.25	0.03	0.11
Vermont	2.27	0.23	1.02	0.01	-	-	-	-	-
Virginia	18.91	1.93	8.49	4.22	0.21	1.25	0.13	0.02	0.06
Washington	18.34	1.87	8.23	0.53	0.03	0.16	0.59	0.08	0.26
West Virginia	6.74	0.69	3.03	0.19	0.01	0.06	0.01	-	0.01
Wisconsin	17.68	1.80	7.94	0.71	0.03	0.21	0.24	0.03	0.10
Wyoming	1.73	0.18	0.78	0.01	-	-	0.06	0.01	0.02
United States	752.73	76.78	337.97	98.31	4.82	29.20	45.96	6.16	19.85

Wright NC, Looker AC, Saag KG, et al. The recent prevalence of osteoporosis and low bone mass in the United States based on bone mineral density at the femoral neck or lumbar spine. J Bone Miner Res. 2014;29(11):2520-2526. doi:10.1002/jbm.2269.